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Direct-Contact Baby Carrier

For a stronger bond with your baby

Belle Baby Carrier - Pratical Parenting - Europe Jan 2009

Made in USA



# The Organic Belle A celebrity favorite!



## How the stars keep slim

### JESSICA ALBA BANS FRIED FOOD

The Hollywood star stays looking toned while taking care of daughter Honor by ditching her favourite fried foods. "After working out, fried chicken and mashed potatoes is a little counterproductive," she says.

### J-LO DITCHES THE SWEETIES

Junk food is banned from J-Lo's house so she isn't tempted. "I've almost totally cut out choc chip cookies and sweets," she says.



Cookie monster: J-Lo has

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Gym'll fix it for Jessica along with healthy eating